



Somerset

Clinical Commissioning Group

Transforming Mental Health Services for Children and Young People: Five Year Forward View for Mental Health

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Context

**Future in Mind CYPMH
Taskforce Report**

**National targets- Mental
Health Five Year Forward
View**



**National targets translated
to local transformation
Local Transformation Plan**



**Changes to
provision (e.g.
new services)**

Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing



Objectives

National

- Increased access
- Increased investment
- Access standard for eating disorders
- Improved data flows
- Workforce planning
- Crisis support



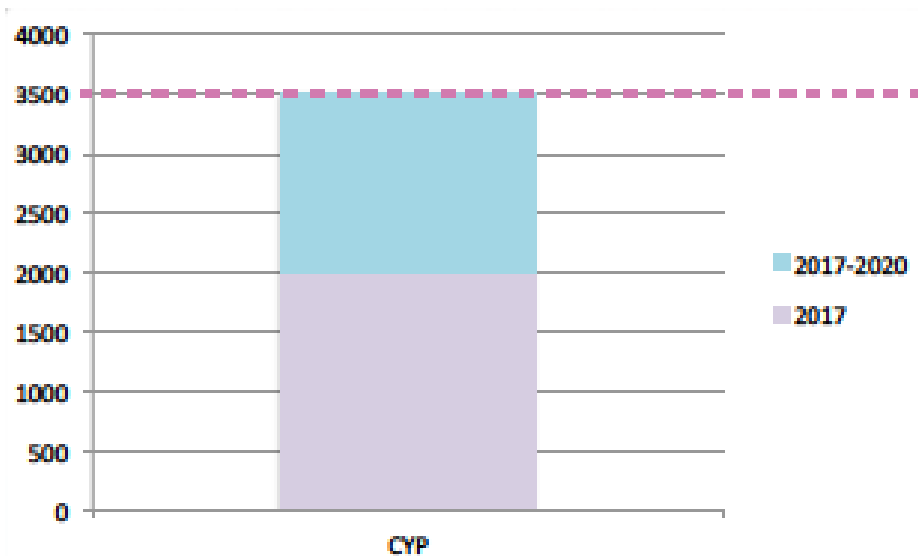
Local

- Resilience building, early intervention and prevention
- Straightforward, prompt access to support
- Increase capability and capacity of workforce
- Support for the most vulnerable groups

Access

**9,900 0-18 year olds
with a mental health
condition in Somerset**

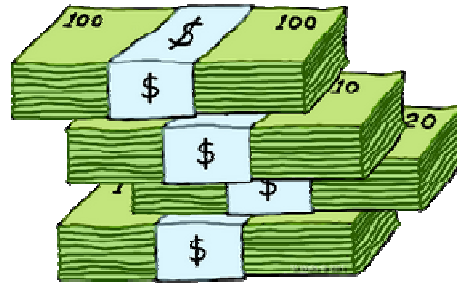
**At least 35% of CYP with a
diagnosable mental health
condition should be
receiving treatment**



**To meet the target of 35%
we need approx. 1500
more CYP supported by
NHS funded services per
year**

Increasing access

Investment



CCG currently invests £5.56m in CYP MH services

Will meet MH Investment Standard in 17/18

Drive to further increase investment- parity of esteem

Increasing access

Information



Access standard- need to achieve 35% access

**Data to evidence outcomes and inform
commissioning**

**Pulling together data from across the wider
system**

Increasing access

Improved processes



Workforce planning- increasing capability and capacity across the system

Matching local demand and capacity to reduce out of area Tier 4 placements

Key CCG funded services

Universal

Schools Health and Resilience Education Service

Targeted

Kooth Online Counselling

Specialist

Single Point of Access

Tier 3 CAMHS

Community Eating Disorder Service

Highly Specialist

Enhanced

Outreach Service

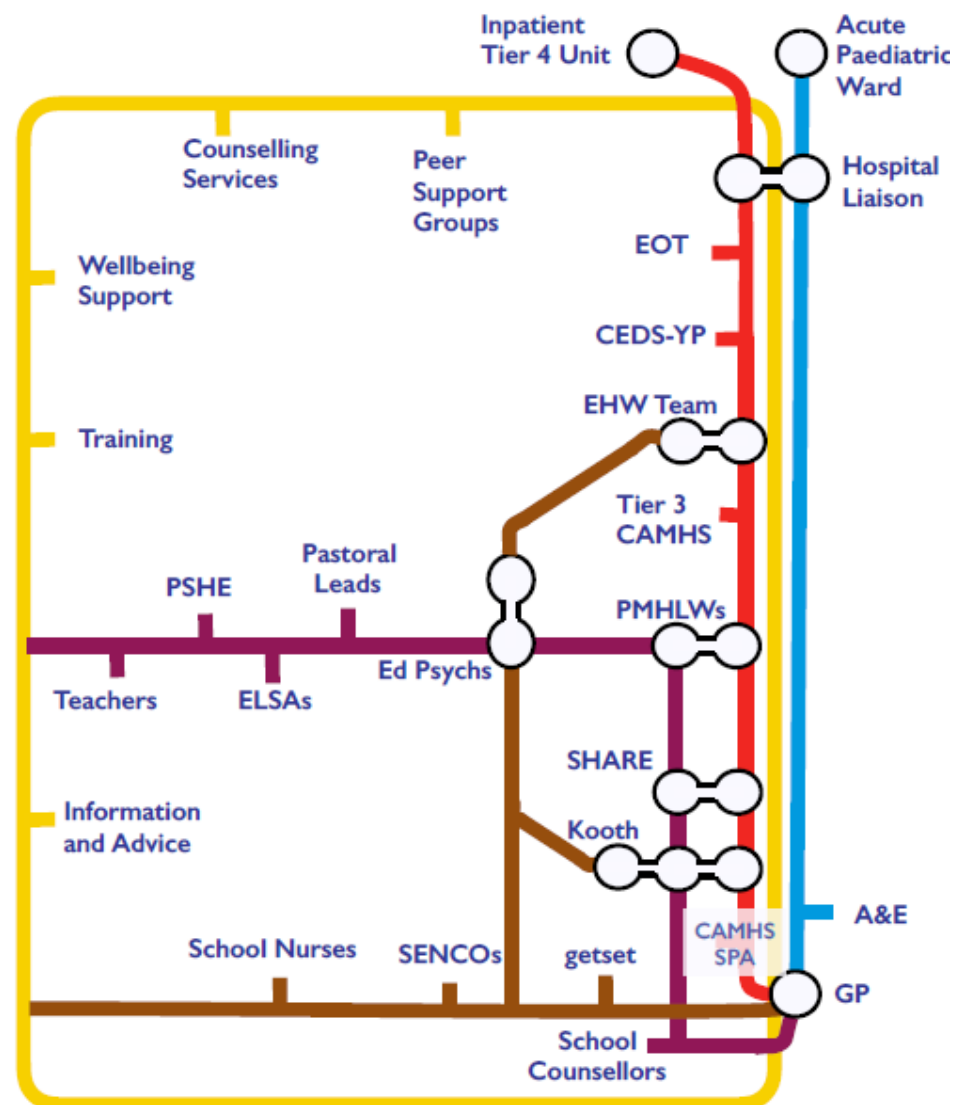
CYPMH Transformation

- Local Transformation Plan for CYPMH

- Transforming the whole pathway

- Main areas:

- Prevention and Early Intervention
- Access
- Workforce
- Vulnerable groups



Community Eating Disorder Service (CEDS)

Good news story

- No specialist eating disorder service for children and young people prior to transformation, these CYP would have been treated in Tier 3 CAMHS
- **Now a separate service with specialist eating disorder practitioners providing evidence-based therapy**
- Focus on early intervention and Tier 4 admission avoidance
- **CYP start treatment within 4 weeks (1 week for urgent cases)**
- Joined up working with the acute hospitals and Enhanced Outreach Team
- Service was part of peer review through the CAMHS Quality Network

Next steps:

Making sure all professionals working with CYP, and their families know about CEDS and how to access

Move towards self-referral, as with all CAMHS services

Progress in CYPMH Transformation

- **Broader use of funding**
- **More investment**
- **Workforce improvements**
- **Young People's Participation**
- **More joined up working**

Challenges in CYPMH Transformation

- Requirement to maintain momentum
- Need to work as a system to reduce gaps
- Improvements in data
- Greater focus on key areas

Any questions?

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